



Haiti REVERSE MISSION PILGRIMAGE

Packing Checklist

MUST HAVE!

- Passport (to depart US)
- US \$30 cash (to depart Haiti)
- Water bottle
- Insect repellent (Cutter's or anything with "DEET")
- Sunscreen (if you're sensitive)
- Strong, comfortable walking shoes
- Prescription medicines (if you take any!)
- Basic wardrobe (casual with one "dress up" for Sunday Mass)
- Small flashlight & batteries
- Toiletries you normally use
- Chloroquine (anti-malaria medicine)
- Tetanus booster shot
- Pocket money (US\$50 for souvenirs, sodas, beer, etc.)

NICE TO HAVE!

- Small backpack / daypack
- Anti-diarrhea medicine (immodium or pepto-bismal)
- Notebook / journal
- Camera and film
- Cap or hat with visor
- Sunglasses
- Travel alarm
- Plastic bags for dirty laundry, trash, wet items
- Photos of your family
- Snacks, hard candy to share
- Tape recorder
- Hand fan
- Devotional / liturgy of the hours
- Hand sanitizer / wet wipes
- Earplugs (if you're a light sleeper)

NOTES: